

Pl	tnr	Name	Zeit														
Damen19-39 (10)				5,4 km 145 Hm				17 P									
				1(43) 15(55)	2(56) 16(36)	3(42) 17(100)	4(46) Ziel	5(57)	6(43)	7(44)	8(32)	9(41)	10(45)	11(50)	12(52)	13(53)	14(54)
1	67	Schmalfeld, Karin BSV Halle-Ammend	42:41	2:16 36:55 0:58	3:37 1:21 3:18 3:06	5:55 2:18 2:03	7:58 2:03 0:25	9:18 1:20	10:58 1:40	11:56 0:58	12:39 0:43	14:40 2:01	18:40 4:00	25:21 6:41	30:08 4:47	32:42 2:34	35:57 3:15
2	11	Horst, Brit TV 1898 Alsbach	51:47	2:34 2:34 45:32 0:58	4:26 1:52 48:38 3:06	7:23 2:57 51:14 2:36	10:16 2:53 51:47 0:33	11:59 1:43	14:55 2:56	15:50 0:55	16:51 1:01	19:11 2:20	24:08 4:57	33:05 8:57	37:49 4:44	40:53 3:04	44:34 3:41
3	71	Döllgast, Nina TV Oberbexbach	56:09	3:02 3:02 48:08 1:16	4:31 1:29 52:13 4:05	7:14 2:43 55:45 3:32	9:45 2:31 56:09 0:24	11:28 1:43	13:24 1:56	14:31 1:07	15:25 0:54	17:52 2:27	24:52 7:00	33:47 8:55	39:25 5:38	42:26 3:01	46:52 4:26
4	64	Fell, Ronja OLG ARDOC St.Vith	58:11	3:23 3:23 50:05 0:59	5:10 1:47 53:36 3:31	8:01 2:51 57:46 4:10	11:04 3:03 58:11 0:25	12:55 1:51	14:57 2:02	16:18 1:21	17:13 0:55	19:46 2:33	24:46 5:00	34:15 9:29	40:35 6:20	44:05 3:30	49:06 5:01
5	115	Klar, Anne OLF Mainz	59:33	3:35 3:35 52:46 1:05	5:26 1:51 56:28 3:42	8:39 3:13 59:01 2:33	11:49 3:10 59:33 0:32	13:54 2:05	16:02 2:08	17:21 1:19	18:14 0:53	20:48 2:34	26:27 5:39	35:54 9:27	41:58 6:04	45:16 3:18	51:41 6:25
6	100	Staudter, Nathalie TV Bierbach	1:05:10	4:04 4:04 57:18 1:09	6:23 2:19 1:01:24 4:06	10:29 4:06 1:04:50 3:26	14:17 3:48 1:05:10 0:20	16:33 2:16	22:28 5:55	23:32 1:04	24:29 0:57	26:39 2:10	34:04 7:25	42:51 8:47	48:37 5:46	51:46 3:09	56:09 4:23
7	2	Günther, Melanie OL Team Kölner	1:06:58	7:01 7:01 59:55 0:57	9:53 2:52 1:04:18 4:23	13:15 3:22 1:06:30 2:12	15:41 2:26 1:06:58 0:28	20:25 4:44	22:15 1:50	25:08 2:53	25:53 0:45	28:26 2:33	36:24 7:58	45:43 9:19	51:12 5:29	54:08 2:56	58:58 4:50
8	1	Pussak, Maren OL Team Kölner	1:14:44	4:24 4:24 1:05:44 1:30	7:49 3:25 1:10:22 4:38	12:00 4:11 1:14:20 3:58	16:16 4:16 1:14:44 0:24	20:11 3:55	23:00 2:49	24:57 1:57	26:02 1:05	28:49 2:47	38:33 9:44	48:11 9:38	54:17 6:06	57:55 3:38	1:04:14 6:19
9	4	Ausekle, Inga TA Fameck	1:40:25	4:35 4:35 1:29:22 2:10	7:59 3:24 1:35:26 6:04	15:14 7:15 1:39:37 4:11	20:40 5:26 1:40:25 0:48	24:09 3:29	27:48 3:39	29:54 2:06	32:03 2:09	37:27 5:24	46:42 9:15	1:02:55 16:13	1:11:39 8:44	1:16:33 4:54	1:27:12 10:39
	94	Brace, Ionna OLF Mainz	N Ang														
Herren19-39 (9)				6,3 km 210 Hm				19 P									
				1(43) 15(53)	2(32) 16(54)	3(41) 17(55)	4(57) 18(36)	5(43) 19(100)	6(42) Ziel	7(46)	8(45)	9(47)	10(48)	11(49)	12(50)	13(51)	14(52)
1	10	Horst, Ingo TV 1898 Alsbach	40:31	1:57 1:57 32:58 2:11	3:02 1:05 35:30 2:32	4:28 1:26 36:10 0:40	6:30 2:02 38:31 2:21	7:44 1:14 40:13 1:42	10:16 2:32 40:31 0:18	12:06 1:50	12:49 0:43	19:24 6:35	22:26 3:02	23:28 1:02	26:00 2:32	27:51 1:51	30:47 2:56
2	77	Thierolf, Michael TV 1898 Alsbach	46:03	2:16 2:16 36:25 2:11	3:30 1:14 39:26 3:01	5:06 1:36 40:13 0:47	7:23 2:17 42:52 2:39	8:37 1:14 45:39 2:47	11:45 3:08 46:03 0:24	13:25 1:40	14:29 1:04	22:21 7:52	25:53 3:32	27:13 1:20	29:06 1:53	30:48 1:42	34:14 3:26
3	95	Sass, Jörn OLF Mainz	49:51	2:24 2:24 40:55 3:06	3:47 1:23 43:57 3:02	5:33 1:46 44:47 0:50	8:17 2:44 47:40 2:53	9:54 1:37 49:28 1:48	12:52 2:58 49:51 0:23	15:17 2:25	16:20 1:03	24:41 8:21	28:17 3:36	29:50 1:33	32:41 2:51	34:11 1:30	37:49 3:38
4	125	Rathje, Jan TGM Budenheim	51:13	2:40 2:40 41:41 2:29	3:59 1:19 45:49 4:08	5:34 1:35 46:41 0:52	8:22 2:48 49:02 2:21	9:41 1:19 50:53 1:51	13:46 4:05 51:13 0:20	16:07 2:21	16:58 0:51	25:36 8:38	29:47 4:11	31:23 1:36	34:12 2:49	35:54 1:42	39:12 3:18
5	7	Groh, Matthias TV Bierbach	51:34	2:49 2:49 42:09 2:27	4:13 1:24 45:19 3:10	6:10 1:57 46:19 1:00	8:54 2:44 49:08 2:49	10:27 1:33 51:11 2:03	13:10 2:43 51:34 0:23	15:40 2:30	16:35 0:55	25:13 8:38	29:16 4:03	30:52 1:36	33:40 2:48	36:01 2:21	39:42 3:41
6	6	Groh, Andreas TV Bierbach	55:44	2:24 2:24 45:27 2:48	4:01 1:37 49:09 3:42	6:09 2:08 50:16 1:07	8:56 2:47 53:03 2:47	10:30 1:34 55:20 2:17	13:42 3:12 55:44 0:24	16:14 2:32	17:16 1:02	27:40 10:24	32:07 4:27	33:53 1:46	36:18 2:25	37:58 1:40	42:39 4:41
7	3	Scott, Chris TA Fameck	56:01	2:39 2:39 44:04 2:49	4:00 1:21 47:34 3:30	5:56 1:56 48:36 1:02	8:35 2:39 52:25 3:49	11:00 2:25 55:39 3:14	13:52 2:52 56:01 0:22	16:20 2:28	17:52 1:32	27:04 9:12	31:40 4:36	33:19 1:39	36:14 2:55	37:47 1:33	41:15 3:28
8	87	Hüther, Christian TV Bierbach	1:04:34	2:52 2:52 53:37 2:47	4:39 1:47 57:31 3:54	6:39 2:00 58:53 1:22	9:44 3:05 1:01:44 2:51	11:39 1:55 1:04:06 2:22	15:18 3:39 1:04:34 0:28	18:07 2:49	19:34 1:27	29:41 10:07	34:31 4:50	36:27 1:56	39:39 3:12	44:07 4:28	50:50 6:43
9	9	Simonovsky, Martin ohne Verein	1:20:02	7:33 7:33 1:06:36 3:49	9:11 1:38 1:11:50 5:14	11:39 2:28 1:12:59 1:09	17:31 5:52 1:16:01 3:02	19:37 2:06 1:19:30 3:29	24:07 4:30 1:20:02 0:32	27:44 3:37	29:04 1:20	39:48 10:44	46:30 6:42	48:28 1:58	54:22 5:54	57:26 3:04	1:02:47 5:21

Pl	tnr	Name	Zeit														
Damen40-54 (12)				4,5 km 105 Hm			16 P										
				1(38) 15(36)	2(43) 16(100)	3(44) Ziel	4(57)	5(56)	6(42)	7(46)	8(45)	9(51)	10(53)	11(41)	12(35)	13(54)	14(55)
1	8	Vierikko, Annamari Helsingin Suunnist	38:15	0:49 0:49 35:32 2:49	2:56 2:07 37:50 2:18	4:02 1:06 38:15 0:25	5:32 1:30	7:24 1:52	9:52 2:28	12:36 2:44	13:47 1:11	20:16 6:29	23:28 3:12	26:06 2:38	27:06 1:00	31:32 4:26	32:43 1:11
2	5	Siren, Ritva Riihimaen Suunnist	53:35	1:13 1:13 49:50 4:24	4:03 2:50 52:55 3:05	5:45 1:42 53:35 0:40	8:20 2:35	10:48 2:28	13:40 2:52	17:12 3:32	18:42 1:30	26:33 7:51	32:11 5:38	35:47 3:36	37:34 1:47	44:10 6:36	45:26 1:16
3	72	Döllgast, Ulrike TV Oberbexbach	57:41	1:00 1:00 53:25 4:13	3:23 2:23 57:14 3:49	5:49 2:26 57:41 0:27	7:27 1:38	12:29 5:02	15:48 3:19	18:39 2:51	22:26 3:47	29:36 7:10	34:47 5:11	38:15 3:28	39:25 1:10	47:12 7:47	49:12 2:00
4	62	Castiglione-Hennes OLG ARDOC St.Vith	59:43	0:55 0:55 54:59 4:23	5:05 4:10 59:19 4:20	9:21 4:16 59:43 0:24	11:25 2:04	14:15 2:50	18:42 4:27	22:49 4:07	24:17 1:28	31:52 7:35	36:48 4:56	41:03 4:15	42:22 1:19	49:07 6:45	50:36 1:29
5	48	Kosch, Iris OLV Steinberg	1:01:01	1:06 1:06 56:45 5:00	4:13 3:07 1:00:29 3:44	5:34 1:21 1:01:01 0:32	7:35 2:01	9:58 2:23	15:31 5:33	18:40 3:09	19:57 1:17	29:05 9:08	34:18 5:13	39:18 5:00	40:59 1:41	48:01 7:02	51:45 3:44
6	53	Wirth, Evelyn TV Beaumarais	1:06:52	1:00 1:00 1:03:12 4:54	4:36 3:36 1:06:09 2:57	6:07 1:31 1:06:52 0:43	9:12 3:05	13:20 4:08	19:54 6:34	25:06 5:12	26:46 1:40	37:43 10:57	42:56 5:13	47:19 4:23	48:59 1:40	55:54 6:55	58:18 2:24
7	126	Lukoczky, Orsolya LUX OC	1:13:16	0:59 0:59 1:09:48 4:44	4:08 3:09 1:12:40 2:52	8:18 4:10 1:13:16 0:36	11:32 3:14	14:32 3:00	24:03 9:31	31:49 7:46	38:06 6:17	47:33 9:27	52:12 4:39	56:12 4:00	57:29 1:17	1:03:38 6:09	1:05:04 1:26
8	58	Haase, Sirkka NWOC Auckland	1:17:20	1:24 1:24 1:13:33 6:57	5:55 4:31 1:16:41 3:08	7:56 2:01 1:17:20 0:39	10:45 2:49	13:43 2:58	20:15 6:32	27:52 7:37	29:37 1:45	40:28 10:51	48:55 8:27	55:59 7:04	57:43 1:44	1:05:12 7:29	1:06:36 1:24
9	13	Wendler, Thamar TV Bierbach	1:17:27	0:54 0:54 1:12:35 8:02	5:39 4:45 1:16:58 4:23	7:01 1:22 1:17:27 0:29	9:31 2:30	12:45 3:14 4:23 *44	21:23 8:38	25:41 4:18	27:29 1:48	41:20 13:51	47:04 5:44	51:48 4:44	53:44 1:56	1:02:15 8:31	1:04:33 2:18
10	92	Knobloch, Katja OLV Steinberg	1:37:10	2:50 2:50 1:30:46 7:33	7:36 4:46 1:36:02 5:16	9:41 2:05 1:37:10 1:08	16:07 6:26	21:18 5:11	29:06 7:48	34:20 5:14	36:57 2:37	51:41 14:44	58:56 7:15	1:05:52 6:56	1:08:58 3:06	1:19:46 10:48	1:23:13 3:27
AK	66	Müllender, Maike OLG ARDOC St.Vith	1:03:47	1:08 1:08 59:51 5:02	4:09 3:01 1:03:14 3:23	5:41 1:32 1:03:47 0:33	7:54 2:13	11:31 3:37	15:22 3:51	19:19 3:57	21:27 2:08	31:56 10:29	38:21 6:25	44:13 5:52	45:53 1:40	53:17 7:24	54:49 1:32
	75	Giemsa, Rosi TV Oberbexbach	N Ang														
Herren40-54 (15)				5,4 km 145 Hm			17 P										
				1(43) 15(55)	2(56) 16(36)	3(42) 17(100)	4(46) Ziel	5(57)	6(43)	7(44)	8(32)	9(41)	10(45)	11(50)	12(52)	13(53)	14(54)
1	18	Hartmann, Dirk TV Bierbach	43:16	2:20 2:20 37:51 0:54	3:43 1:23 40:26 2:35	5:46 2:03 42:47 2:21	7:46 2:00 43:16 0:29	9:45 1:59	11:47 2:02	12:45 0:58	13:23 0:38	15:21 1:58	19:35 4:14	26:28 6:53	30:41 4:13	32:59 2:18	36:57 3:58
2	70	Dohrmann, Frank TV Oberbexbach	43:48	3:09 3:09 38:24 1:01	4:39 1:30 41:17 2:53	6:41 2:02 43:21 2:04	8:44 2:03 43:48 0:27	10:02 1:18	11:46 1:44	12:47 1:01	13:33 0:46	15:33 2:00	20:06 4:33	26:53 6:47	31:19 4:26	33:58 2:39	37:23 3:25
3	65	Hock, Michael OLG ARDOC St.Vith	48:12	2:24 2:24 41:22 0:58	5:07 2:43 44:27 3:05	7:50 2:43 47:45 3:18	9:51 2:01 48:12 0:27	11:34 1:43	13:45 2:11	14:37 0:52	15:20 0:43	17:19 1:59	21:42 4:23	28:56 7:14	33:38 4:42	36:30 2:52	40:24 3:54
4	46	Viry, Frederic SCAPA Nancy	49:00	2:23 2:23 43:45 2:07	3:47 1:24 46:48 3:03	13:03 9:16 48:39 1:51	15:39 2:36 49:00 0:21	17:04 1:25	18:33 1:29	19:48 1:15	20:26 0:38	22:11 1:45	25:57 3:46	32:28 6:31	35:55 3:27	38:07 2:12	41:38 3:31
5	47	Kosch, Christian OLV Steinberg	50:09	2:54 2:54 44:05 1:12	4:24 1:30 47:14 3:09	6:55 2:31 49:39 2:25	9:19 2:24 50:09 0:30	11:14 1:55	13:42 2:28	14:55 1:13	15:49 0:54	18:01 2:12	23:02 5:01	31:24 8:22	36:13 4:49	39:04 2:51	42:53 3:49
6	52	Wirth, Robert TV Beaumarais	56:27	3:55 3:55 50:20 1:09	6:00 2:05 53:30 3:10	9:21 3:21 56:00 2:30	12:44 3:23 56:27 0:27	14:41 1:57	16:36 1:55	18:25 1:49	19:20 0:55	21:43 2:23	26:57 5:14	36:22 9:25	42:23 6:01	45:09 2:46	49:11 4:02
7	91	Raupach, Peter OLV Steinberg	58:15	3:12 3:12 52:04 1:33	5:29 2:17 55:10 3:06	10:50 5:21 57:42 2:32	13:46 2:56 58:15 0:33	15:37 1:51	18:40 3:03	20:25 1:45	21:28 1:03	23:52 2:24	29:45 5:53	37:38 7:53	43:05 5:27	46:36 3:31	50:31 3:55

Pl	tnr	Name	Zeit														
Herren40-54 (15)				5,4 km 145 Hm			17 P	(Forts.)									
				1(43) 15(55)	2(56) 16(36)	3(42) 17(100)	4(46) Ziel	5(57)	6(43)	7(44)	8(32)	9(41)	10(45)	11(50)	12(52)	13(53)	14(54)
8	74	Garbas, Gerhard TV Oberbexbach	1:03:49	3:24 3:24 56:30	5:05 1:41 1:00:35	9:25 4:20 1:03:28	13:48 4:23 1:03:49	15:48 2:00	17:33 1:45	18:40 1:07	19:52 1:12	22:34 2:42	31:57 9:23	41:56 9:59	47:29 5:33	50:35 3:06	55:10 4:35
9	102	Imbsweiler, Philipp TV Limbach	1:06:39	1:20 3:27 3:27 1:01:25	4:05 14:02 10:35 1:04:05	2:53 16:57 2:55 1:06:13	0:21 20:07 3:10 1:06:39	22:00 1:53	23:49 1:49	24:51 1:02	25:40 0:49	27:47 2:07	39:08 11:21	45:34 6:26	51:43 6:09	55:15 3:32	1:00:21 5:06
10	101	Reinert, Mark TV Oberbexbach	1:08:21	1:04 5:06 5:06 1:01:25	2:40 7:31 2:25 1:05:34	2:08 10:47 3:16 1:07:57	0:26 13:29 2:42 1:08:21	15:47 2:18	20:12 4:25	21:34 1:22	22:59 1:25	26:59 4:00	35:21 8:22	45:14 9:53	50:30 5:16	54:30 4:00	59:03 4:33
11	50	Vilz, Wolfgang TV Eitelborn	1:15:26	2:22 2:49 2:49 1:07:10	4:09 4:30 1:41 1:10:50	2:23 8:09 3:39 1:14:47	0:24 10:36 2:27 1:15:26	12:49 2:13	29:20 16:31	32:11 2:51	32:56 0:45	35:23 2:27	41:00 5:37	51:53 10:53	57:54 6:01	1:01:03 3:09	1:05:52 4:49
12	88	Gimmler, Gero TV Düppenweiler	1:37:56	1:18 3:54 3:54 1:21:06	3:40 12:39 8:45 1:33:14	3:57 20:41 8:02 1:37:28	0:39 31:58 11:17 1:37:56	33:49 1:51	36:25 2:36	38:07 1:42	39:26 1:19	42:07 2:41	48:28 6:21	1:02:18 13:50	1:08:34 6:16	1:12:35 4:01	1:19:11 6:36
	60	Sester, Urban Uniklinik Homburg	Aufg	1:55 5:28 -----	12:08 7:35 2:07	4:14 10:15 2:40	0:28 13:49 3:34 1:02:52	16:06 2:17	21:36 5:30	23:03 1:27	24:10 1:07	26:58 2:48	32:07 5:09	43:36 11:29	-----	-----	-----
	68	Risch, Björn BSV Halle-Ammend	N Ang														
	89	Dunay, Torsten TUS Rüppurr	N Ang														
Damen55-64 (1)				3,1 km 75 Hm			13 P										
				1(38)	2(56)	3(42)	4(46)	5(57)	6(44)	7(41)	8(53)	9(54)	10(55)	11(36)	12(37)	13(100)	Ziel
1	82	Würtz, Regina Guebwiller	48:39	2:49 2:49	5:27 2:38	10:01 4:34	13:45 3:44	16:58 3:13	20:56 3:58	24:29 3:33	30:36 6:07	36:26 5:50	38:23 1:57	45:04 6:41	46:34 1:30	48:06 1:32	48:39 0:33
Herren55-64 (3)				4,5 km 105 Hm			16 P										
				1(38) 15(36)	2(43) 16(100)	3(44) Ziel	4(57)	5(56)	6(42)	7(46)	8(45)	9(51)	10(53)	11(41)	12(35)	13(54)	14(55)
1	83	Würtz, Jean-Marie Guebwiller	48:28	1:13 1:13 44:59 3:44	4:07 2:54 47:49 2:50	5:29 1:22 48:28 0:39	7:21 1:52	9:59 2:38	13:00 3:01	16:12 3:12	17:36 1:24	25:12 7:36	29:16 4:04	32:42 3:26	34:02 1:20	39:40 5:38	41:15 1:35
2	73	Döllgast, Ralf TV Oberbexbach	1:03:36	0:55 0:55	3:53 2:58	4:58 1:05	6:38 1:40	23:43 17:05	26:35 2:52	33:04 6:29	34:34 1:30	41:43 7:09	45:26 3:43	48:32 3:06	49:43 1:11	55:37 5:54	57:02 1:25
3	78	Horn, Gerhard TGV Horn	1:20:36	1:00:48 3:46 1:50 1:50 1:15:34 6:35	1:03:07 2:19 5:45 3:55 1:19:59 4:25	1:03:36 0:29 7:41 1:56 1:20:36 0:37	11:37 3:56	15:42 4:05	21:43 6:01	26:48 5:05	29:00 2:12	39:30 10:30	49:47 10:17	54:30 4:43	57:12 2:42	1:06:49 9:37	1:08:59 2:10
Herren65+ (4)				3,1 km 75 Hm			13 P										
				1(38)	2(56)	3(42)	4(46)	5(57)	6(44)	7(41)	8(53)	9(54)	10(55)	11(36)	12(37)	13(100)	Ziel
1	63	Eicher, Heinrich OLG ARDOC St.Vith	39:32	1:06 1:06	3:36 2:30	7:05 3:29	10:06 3:01	12:05 1:59	16:03 3:58	19:24 3:21	23:26 4:02	29:04 5:38	30:29 1:25	36:00 5:31	37:45 1:45	39:03 1:18	39:32 0:29
2	85	Rathje, Claus-Peter TGM Budenheim	40:19	1:03 1:03	3:38 2:35	6:55 3:17	10:44 3:49	13:18 2:34	15:31 2:13	18:55 3:24	24:25 5:30	29:07 4:42	31:03 1:56	35:45 4:42	38:32 2:47	39:51 1:19	40:19 0:28
3	51	Hodson, Michael SCAPA Nancy	46:48	1:22 1:22	4:18 2:56	8:56 4:38	13:17 4:21	16:27 3:10	19:12 2:45	23:58 4:46	29:04 5:06	34:57 5:53	36:54 1:57	42:36 5:42	44:20 1:44	46:02 1:42	46:48 0:46
4	80	Traudt, Walter TV Bierbach	51:33	1:17 1:17	4:29 3:12	11:49 7:20	16:08 4:19	19:47 3:39	22:15 2:28	26:01 3:46	30:41 4:40	36:54 6:13	39:15 2:21	46:42 7:27	48:55 2:13	50:51 1:56	51:33 0:42
Damen18 (1)				5,4 km 145 Hm			17 P										
				1(43) 15(55)	2(56) 16(36)	3(42) 17(100)	4(46) Ziel	5(57)	6(43)	7(44)	8(32)	9(41)	10(45)	11(50)	12(52)	13(53)	14(54)
1	28	Schwarz, Michelle Gym Ottweiler	1:12:34	4:41 4:41 1:05:16 2:07	9:22 4:41 1:09:27 4:11	14:42 5:20 1:12:07 2:40	18:14 3:32 1:12:34 0:27	23:07 4:53	27:17 4:10	28:50 1:33	30:02 1:12	32:45 2:43	39:32 6:47	49:05 9:33	54:45 5:40	58:34 3:49	1:03:09 4:35

Pl	tnr	Name	Zeit																	
Herren18 (11)				5,4 km 145 Hm			17 P													
				1(43) 15(55)	2(56) 16(36)	3(42) 17(100)	4(46) Ziel	5(57)	6(43)	7(44)	8(32)	9(41)	10(45)	11(50)	12(52)	13(53)	14(54)			
1	76	Giems, Daniel TV Oberbexbach	45:56	2:09 2:09 40:14 0:57	3:20 1:11 43:28 3:14	6:23 3:03 45:32 2:04	8:25 2:02 45:56 0:24	10:40 2:15	12:22 1:42	13:16 0:54	13:57 0:41	15:51 1:54	22:31 6:40	29:02 6:31	33:35 4:33	36:01 2:26	39:17 3:16			
2	69	Dohrmann, Lukas TV Oberbexbach	46:35	2:20 2:20 40:17 1:06	4:02 1:42 43:11 2:54	6:37 2:35 46:13 3:02	9:02 2:25 46:35 0:22	10:27 1:25	11:49 1:22	13:06 1:17	13:50 0:44	15:43 1:53	20:34 4:51	27:54 7:20	32:26 4:32	35:18 2:52	39:11 3:53			
AK	42	Marx, Philipp / Sch Gym Ottweiler	57:13	4:38 4:38 48:33 1:41	6:38 2:00 53:37 5:04	9:13 2:35 56:42 3:05	12:02 2:49 57:13 0:31	13:33 1:31	16:34 3:01	17:27 0:53	18:19 0:52	20:46 2:27	25:47 5:01	34:44 8:57	40:03 5:19	43:06 3:03	46:52 3:46			
AK	29	Hasenfratz, Lukas / Gym Ottweiler	58:13	5:17 5:17 50:09 1:06	6:43 1:26 54:21 4:12	9:23 2:40 57:54 3:33	11:56 2:33 58:13 0:19	13:38 1:42	15:34 1:56	16:37 1:03	17:33 0:56	19:44 2:11	26:57 7:13	35:57 9:00	41:31 5:34	44:35 3:04	49:03 4:28			
AK	44	Metzmacher, Eric / Gym Ottweiler	1:06:04	6:45 6:45 58:24 1:02	9:35 2:50 1:02:37 4:13	13:40 4:05 1:05:45 3:08	18:00 4:20 1:06:04 0:19	20:24 2:24	22:53 2:29	24:37 1:44	25:30 0:53	27:42 2:12	34:56 7:14	43:54 8:58	49:25 5:31	53:03 3:38	57:22 4:19			
AK	31	Nehren, Niklas / Tor Gym Ottweiler	1:18:09	4:03 4:03 1:05:40 5:13	6:19 2:16 1:15:16 9:36	9:33 3:14 1:17:44 2:28	14:10 4:37 1:18:09 0:25	19:20 5:10	23:03 3:43	24:30 1:27	25:44 1:14	28:52 3:08	35:29 6:37	45:55 10:26	51:29 5:34	55:06 3:37	1:00:27 5:21			
AK	38	Bentz, Jan / Spalt, Gym Ottweiler	1:25:30	8:00 8:00 1:16:58 2:21	9:24 1:24 1:22:33 5:35	17:03 7:39 1:25:11 2:38	20:28 3:25 1:25:30 0:19	23:25 2:57	27:38 4:13	28:54 1:16	29:54 1:00	33:00 3:06	39:55 6:55	53:42 13:47	59:33 5:51	1:03:49 4:16	1:14:37 10:48			
AK	35	Welsch, Moritz / Sp Gym Ottweiler	1:30:35	8:40 8:40 1:22:48 2:34	18:25 9:45 1:27:13 4:25	21:11 2:46 1:30:09 2:56	25:01 3:50 1:30:35 0:26	27:37 2:36	31:20 3:43	32:47 1:27	33:53 1:06	36:52 2:59	43:05 6:13	53:59 10:54	59:40 5:41	1:15:35 15:55	1:20:14 4:39			
AK	33	Hausmann, Yannik / Gym Ottweiler	1:33:56	6:47 6:47 1:25:17 1:07	11:23 4:36 1:31:05 5:48	14:05 2:42 1:33:32 2:27	25:30 11:25 1:33:56 0:24	26:52 1:22	29:15 2:23	30:13 0:58	31:35 1:22	34:15 2:40	41:45 7:30	57:56 16:11	1:03:45 5:49	1:19:25 15:40	1:24:10 4:45			
AK	40	Reul, Dominik / Pin Gym Ottweiler	1:51:56	32:01 32:01 1:35:29 1:29	35:09 3:08 1:47:19 11:50	37:43 2:34 1:51:31 4:12	43:55 6:12 1:51:56 0:25	46:52 2:57	50:46 3:54	52:13 1:27	53:36 1:23	56:15 2:39	1:02:41 6:26	1:16:24 13:43	1:22:41 6:17	1:26:33 3:52	1:34:00 7:27			
	37	Beckschulte, Marku Gym Ottweiler	N Ang																	
Damen16 (6)				4,5 km 105 Hm			16 P													
				1(38) 15(36)	2(43) 16(100)	3(44) Ziel	4(57)	5(56)	6(42)	7(46)	8(45)	9(51)	10(53)	11(41)	12(35)	13(54)	14(55)			
1	49	Vilz, Leonie TV Eitelborn	59:33	0:50 0:50 53:26 5:14	3:34 2:44 59:03 5:37	5:09 1:35 59:33 0:30	6:48 1:39	10:41 3:53	14:24 3:43	17:55 3:31	19:17 1:22	27:02 7:45	32:21 5:19	38:25 6:04	39:36 1:11	46:34 6:58	48:12 1:38			
2	119	Döllgast, Kira TV Oberbexbach	1:00:10	5:14 0:55 0:55 56:44 4:08	5:37 3:31 2:36 59:38 2:54	0:30 4:39 1:08 1:00:10 0:32	6:47 2:08	9:22 2:35	14:27 5:05	17:53 3:26	20:35 2:42	29:04 8:29	33:44 4:40	39:35 5:51	42:09 2:34	50:10 8:01	52:36 2:26			
AK	93	Hinkelmann, Michel Gym Ottweiler	1:22:52	1:14 1:14 1:18:17 11:15	4:19 3:05 1:22:27 4:10	5:31 1:12 1:22:52 0:25	11:47 6:16	15:27 3:40	18:30 3:03	25:31 7:01	26:43 1:12	35:46 9:03	41:02 5:16	53:12 12:10	54:19 1:07	1:03:48 9:29	1:07:02 3:14			
AK	19	Biesel, Milena / Wil Gym Ottweiler	Fehlst	1:19 1:19 1:40:08 6:14	----- 24:44 1:44:44 4:36	26:03 2:11 1:45:29 0:45	28:14 2:11	34:22 6:08	39:40 5:18	50:16 10:36	53:38 3:22	1:03:40 10:02	1:10:46 7:06	1:18:48 8:02	1:21:23 2:35	1:31:52 10:29	1:33:54 2:02			
AK	21	Pause, Lavinia / Rat Gym Ottweiler	1:50:18	1:21 1:21 1:36:04 8:24	8:21 7:00 1:49:50 13:46	13:37 5:16 1:50:18 0:28	21:50 8:13	26:12 4:22	30:32 4:20	35:47 5:15	37:18 1:31	50:13 12:55	58:30 8:17	1:06:20 7:50	1:08:11 1:51	1:24:04 15:53	1:27:40 3:36			
AK	23	Blank, Sina / Oster, Gym Ottweiler	1:51:58	1:24 1:24 1:37:47 8:27	10:14 8:50 1:51:34 13:47	15:21 5:07 1:51:58 0:24	23:34 8:13	27:51 4:17	32:21 4:30	37:30 5:09	39:02 1:32	51:52 12:50	59:58 8:06	1:08:02 8:04	1:09:54 1:52	1:25:46 15:52	1:29:20 3:34			

Pl	tnr	Name	Zeit														
Herren16 (2)				4,5 km 105 Hm			16 P										
				1(38) 15(36)	2(43) 16(100)	3(44) Ziel	4(57)	5(56)	6(42)	7(46)	8(45)	9(51)	10(53)	11(41)	12(35)	13(54)	14(55)
1	59	Lauer, Matthieu TV Oberbexbach	1:09:35	0:54 0:54 1:05:32 4:36	4:09 3:15 1:09:00 3:28	5:20 1:11 1:09:35 0:35	8:24 3:04	10:58 2:34	14:36 3:38	18:46 4:10	20:22 1:36	31:07 10:45	37:07 6:00	50:29 13:22	51:48 1:19	59:33 7:45	1:00:56 1:23
	114	Britz, Jacob TV Oberbexbach	Fehlst	0:49 0:49 34:32 2:54	2:37 1:48 36:34 2:02	4:02 1:25 36:51 0:17	5:56 1:54	7:58 2:02	10:23 2:25	12:29 2:06	13:14 0:45	20:28 7:14	22:58 2:30	----- 2:33	25:31 2:33	30:31 5:00	31:38 1:07
Damen14 (4)				3,1 km 75 Hm			13 P										
				1(38)	2(56)	3(42)	4(46)	5(57)	6(44)	7(41)	8(53)	9(54)	10(55)	11(36)	12(37)	13(100)	Ziel
1	116	Kästner, Lisa TV Oberbexbach	39:21	0:53 0:53	3:43 2:50	6:36 2:53	10:15 3:39	12:19 2:04	14:26 2:07	17:10 2:44	21:12 4:02	25:48 4:36	27:05 1:17	36:21 9:16	37:43 1:22	38:54 1:11	39:21 0:27
2	117	Schneider, Pia TV Oberbexbach	44:03	0:56 0:56	2:53 1:57	10:40 7:47	16:21 5:41	18:25 2:04	20:20 1:55	23:00 2:40	27:21 4:21	31:56 4:35	33:10 1:14	39:40 6:30	41:51 2:11	43:25 1:34	44:03 0:38
AK	118	Schmidt, Anna ohne Verein	56:29	1:14 1:14	6:18 5:04	10:42 4:24	15:38 4:56	20:27 4:49	24:04 3:37	30:24 6:20	35:45 5:21	41:33 5:48	43:40 2:07	52:28 8:48	54:09 1:41	55:53 1:44	56:29 0:36
AK	26	Buhtz, Annika / Sch Gym Ottweiler	57:35	1:20 1:20	4:19 2:59	20:10 15:51	24:31 4:21	27:24 2:53	30:11 2:47	34:32 4:21	39:45 5:13	45:46 6:01	47:48 2:02	53:36 5:48	55:20 1:44	56:58 1:38	57:35 0:37
Herren14 (4)				3,1 km 75 Hm			13 P										
				1(38)	2(56)	3(42)	4(46)	5(57)	6(44)	7(41)	8(53)	9(54)	10(55)	11(36)	12(37)	13(100)	Ziel
1	103	Imbsweiler, Lucas TV Oberbexbach	27:34	0:49 0:49	3:00 2:11	5:17 2:17	7:39 2:22	9:30 1:51	10:55 1:25	13:11 2:16	17:27 4:16	20:59 3:32	22:09 1:10	25:02 2:53	26:08 1:06	27:10 1:02	27:34 0:24
2	96	Sass, Kolya OLF Mainz	30:26	1:09 1:09	3:12 2:03	6:59 3:47	9:35 2:36	11:24 1:49	12:55 1:31	15:11 2:16	19:31 4:20	23:07 3:36	24:10 1:03	27:31 3:21	28:58 1:27	30:00 1:02	30:26 0:26
AK	56	Vasilakin, Viktor TV Beaumarais	1:32:10	1:29 1:29	4:40 3:11	8:41 4:01	14:06 5:25	29:08 15:02	55:55 26:47	1:10:02 14:07	1:13:31 3:29	1:19:06 5:35	1:20:31 1:25	1:26:52 6:21	1:29:14 2:22	1:31:39 2:25	1:32:10 0:31
	98	Etter, Leif OLF Mainz	N Ang														
Damen12 (6)				2,4 km 50 Hm			11 P										
				1(38)	2(31)	3(42)	4(57)	5(44)	6(34)	7(41)	8(35)	9(36)	10(37)	11(100)	Ziel		
1	110	Kästner, Anne TV Oberbexbach	27:16	0:57 0:57	1:45 0:48	6:10 4:25	8:57 2:47	11:18 2:21	17:49 6:31	19:28 1:39	20:53 1:25	24:14 3:21	25:40 1:26	26:49 1:09	27:16 0:27		
2	113	Saam, Lena TV Oberbexbach	29:27	0:53 0:53	1:45 0:52	9:29 7:44	13:07 3:38	16:41 3:34	19:48 3:07	21:31 1:43	22:59 1:28	26:20 3:21	27:49 1:29	28:59 1:10	29:27 0:28		
3	111	Bentum van, Judith TV Oberbexbach	31:32	1:05 1:05	1:56 0:51	8:24 6:28	11:35 3:11	18:22 6:47	21:24 3:02	23:09 1:45	24:38 1:29	28:18 3:40	29:44 1:26	30:59 1:15	31:32 0:33		
AK	86	Heinz, Lisa TGM Budenheim	46:48	2:59 2:59	4:38 1:39	11:27 6:49	18:05 6:38	23:41 5:36	27:31 3:50	31:13 3:42	34:33 3:20	40:55 6:22	44:18 3:23	46:16 1:58	46:48 0:32		
	112	Dautermann, Lynn TV Oberbexbach	N Ang														
	16	Bauer, Julia TV Oberbexbach	N Ang														
Herren12 (8)				2,4 km 50 Hm			11 P										
				1(38)	2(31)	3(42)	4(57)	5(44)	6(34)	7(41)	8(35)	9(36)	10(37)	11(100)	Ziel		
1	104	Reinert, Ben TV Oberbexbach	23:33	0:48 0:48	1:36 0:48	5:17 3:41	8:35 3:18	10:47 2:12	14:03 3:16	15:17 1:14	16:43 1:26	20:39 3:56	22:04 1:25	23:09 1:05	23:33 0:24		
2	97	Sass, Jannik OLF Mainz	27:43	1:12 1:12	1:59 0:47	6:55 4:56	10:00 3:05	13:19 3:19	15:40 2:21	18:28 2:48	19:41 1:13	24:57 5:16	26:10 1:13	27:13 1:03	27:43 0:30		
3	106	Bentum van, Klaus TV Oberbexbach	33:16	0:59 0:59	1:48 0:49	5:22 3:34	13:42 8:20	16:36 2:54	20:22 3:46	22:23 2:01	23:40 1:17	28:21 4:41	31:34 3:13	32:48 1:14	33:16 0:28		
4	17	Habermann, Marc TV Oberbexbach	36:17	0:59 0:59	2:03 1:04	7:21 5:18	15:45 8:24	18:52 3:07	22:58 4:06	24:46 1:48	27:02 2:16	32:13 5:11	34:16 2:03	35:45 1:29	36:17 0:32		
5	105	Kwiet, Yotimo TV Oberbexbach	36:52	0:53 0:53	1:44 0:51	10:41 8:57	18:48 8:07	21:23 2:35	25:04 3:41	26:40 1:36	28:12 1:32	32:35 4:23	34:23 1:48	36:14 1:51	36:52 0:38		
AK	123	Becker, Christoph TV Bierbach	29:55	1:15 1:15	2:14 0:59	9:04 6:50	12:04 3:00	17:05 5:01	19:49 2:44	21:28 1:39	22:38 1:10	26:06 3:28	28:07 2:01	29:23 1:16	29:55 0:32		
AK	61	Brüls, Mike OLG ARDOC St.Vith	36:06	1:10 1:10	1:59 0:49	5:32 3:33	14:25 8:53	17:35 3:10	20:49 3:14	23:04 2:15	29:13 6:09	32:39 3:26	34:16 1:37	35:33 1:17	36:06 0:33		
	90	Raupach, Benno OLV Steinberg	N Ang														
Damen10 (3)				1,9 km 40 Hm			8 P										
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(100)	Ziel					
1	107	Saam, Juli GS Sonnenfeld	23:05	2:03 2:03	5:09 3:06	7:49 2:40	9:22 1:33	12:56 3:34	18:34 5:38	20:29 1:55	22:14 1:45	23:05 0:51					
2	84	Wersin, Jule TGM Budenheim	24:23	3:01 3:01	7:00 3:59	9:38 2:38	11:20 1:42	14:56 3:36	20:35 5:39	22:30 1:55	23:55 1:25	24:23 0:28					
3	12	Horst, Ulla	26:23	3:34	6:50	9:18	11:53	16:20	21:44	24:00	25:46	26:23					

Pl	tnr	Name	Zeit									
Damen10 (3)				1,9 km 40 Hm			8 P		(Forts.)			
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(100)	Ziel
		TV 1898 Alsbach		3:34	3:16	2:28	2:35	4:27	5:24	2:16	1:46	0:37
Herren10 (6)				1,9 km 40 Hm			8 P					
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(100)	Ziel
1	14	Wendler, Havard	22:51	2:52	6:06	8:13	9:37	12:32	17:53	20:47	22:16	22:51
		TV Bierbach		2:52	3:14	2:07	1:24	2:55	5:21	2:54	1:29	0:35
2	124	Rathje, Felix	23:33	2:26	5:30	8:22	9:43	13:03	17:51	20:46	23:06	23:33
		TGM Budenheim		2:26	3:04	2:52	1:21	3:20	4:48	2:55	2:20	0:27
3	15	Wendler, Hannu	24:11	2:14	5:07	7:17	10:02	14:19	19:37	21:42	23:29	24:11
		TV Bierbach		2:14	2:53	2:10	2:45	4:17	5:18	2:05	1:47	0:42
4	55	Wirth, Daniel	28:58	1:51	4:49	7:03	8:31	12:14	24:39	26:49	28:23	28:58
		TV Beaumarais		1:51	2:58	2:14	1:28	3:43	12:25	2:10	1:34	0:35
5	54	Wirth, Jakob	29:28	3:02	6:41	9:47	11:32	15:44	25:53	27:28	29:00	29:28
		TV Beaumarais		3:02	3:39	3:06	1:45	4:12	10:09	1:35	1:32	0:28
6	108	Sester, Ruben	1:06:30	2:28	4:53	6:48	8:04	15:30	1:02:13	1:04:19	1:05:57	1:06:30
		TV Oberbexbach		2:28	2:25	1:55	1:16	7:26	46:43	2:06	1:38	0:33
Anfänger (6)				1,9 km 40 Hm			8 P					
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(100)	Ziel
1	122	Carstensen, Enno	24:31	3:33	5:44	7:39	9:17	12:31	20:24	22:21	24:01	24:31
		TV Bierbach		3:33	2:11	1:55	1:38	3:14	7:53	1:57	1:40	0:30
2	121	Kwiet, Eva	27:52	2:35	5:39	7:55	12:59	16:52	21:20	25:14	27:14	27:52
		TV Oberbexbach		2:35	3:04	2:16	5:04	3:53	4:28	3:54	2:00	0:38
3	109	Kloos, Bärbel	31:31	2:08	4:25	6:06	7:08	10:49	27:19	29:14	30:52	31:31
		TV Oberbexbach		2:08	2:17	1:41	1:02	3:41	16:30	1:55	1:38	0:39
4	79	Traudt, Anton	31:43	2:49	6:26	8:55	10:33	14:21	25:36	28:02	31:01	31:43
		TV Bierbach		2:49	3:37	2:29	1:38	3:48	11:15	2:26	2:59	0:42
5	57	Wirth, Tobias	1:15:44	9:10	20:02	27:27	32:49	43:44	58:46	1:06:35	1:14:09	1:15:44
		TV Beaumarais		9:10	10:52	7:25	5:22	10:55	15:02	7:49	7:34	1:35
99	?	Sebastian OLF Mainz	N Ang									