



Training

Volmersberg 29.5.2023

O.L.G. St. Vith ARDOC

Romain REUSCH

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Strecke : H:Bahn B

Länge : 3000m (Steigung 110m)

Zeit : 0:39:10 (13'03"/km)

2/7

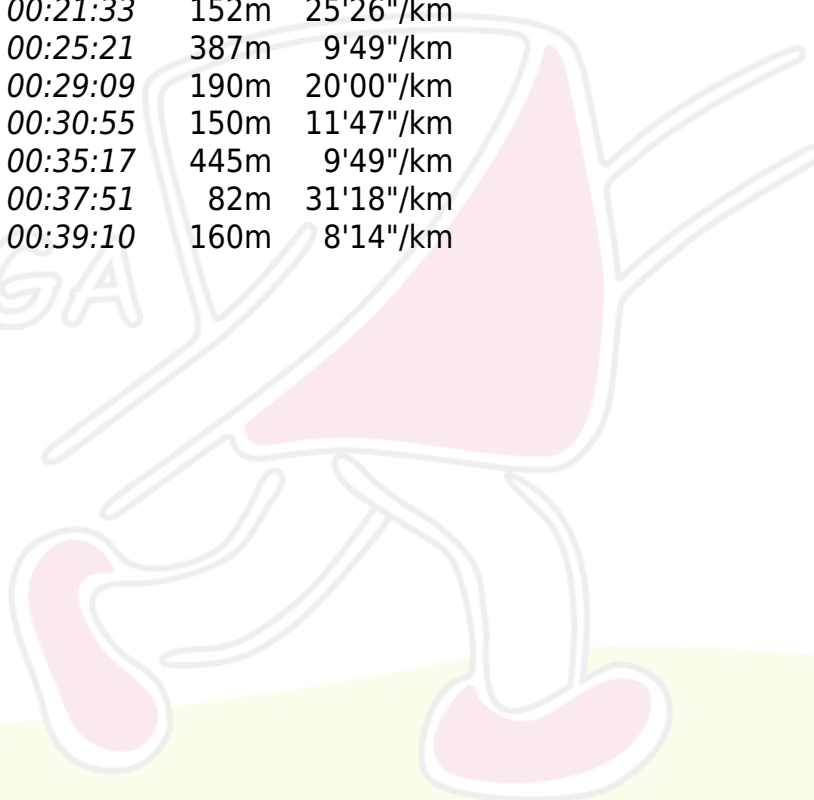
O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Thomas CHATTLAIN	0:39:04
3. Axel HENKES	0:48:17

1.	102	00:02:43		207m	13'07"/km
2.	232	00:01:59	00:04:42	192m	10'20"/km
3.	227	00:02:28	00:07:10	149m	16'33"/km
4.	225	00:01:47	00:08:57	196m	9'06"/km
5.	115	00:02:43	00:11:40	329m	8'15"/km
6.	235	00:01:41	00:13:21	185m	9'06"/km
7.	222	00:04:20	00:17:41	168m	25'48"/km
8.	221	00:03:52	00:21:33	152m	25'26"/km
9.	114	00:03:48	00:25:21	387m	9'49"/km
10.	224	00:03:48	00:29:09	190m	20'00"/km
11.	238	00:01:46	00:30:55	150m	11'47"/km
12.	106	00:04:22	00:35:17	445m	9'49"/km
13.	105	00:02:34	00:37:51	82m	31'18"/km
14.	120	00:01:19	00:39:10	160m	8'14"/km

HELGA



Orienteering Software