



Training Skihütte

Skihütte 13.11.2022

O.L.G. St. Vith ARDOC

Stephan HANS

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Strecke : H:Bahn 1

Länge : 6430m (Steigung 70m)

Zeit : 1:11:26 (11'07"/km)

4/5

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Robert THEISS	0:46:13
2. Guido LENGES	0:51:42
3. Jürgen LOO	0:57:54

1.	104	00:04:28		551m	8'06"/km
2.	103	00:02:26	00:06:54	263m	9'15"/km
3.	102	00:01:11	00:08:05	129m	9'10"/km
4.	101	00:01:22	00:09:27	181m	7'33"/km
5.	112	00:04:22	00:13:49	517m	8'27"/km
6.	113	00:01:23	00:15:12	127m	10'54"/km
7.	114	00:03:01	00:18:13	264m	11'26"/km
8.	115	00:00:55	00:19:08	118m	7'46"/km
9.	116	00:00:45	00:19:53	98m	7'39"/km
10.	117	00:02:19	00:22:12	163m	14'13"/km
11.	118	00:00:42	00:22:54	79m	8'52"/km
12.	228	00:03:42	00:26:36	309m	11'58"/km
13.	227	00:02:57	00:29:33	165m	17'53"/km
14.	119	00:01:16	00:30:49	169m	7'30"/km
15.	225	00:02:50	00:33:39	302m	9'23"/km
16.	234	00:01:14	00:34:53	145m	8'30"/km
17.	226	00:01:51	00:36:44	140m	13'13"/km
18.	229	00:04:09	00:40:53	438m	9'28"/km
19.	233	00:03:56	00:44:49	326m	12'04"/km
20.	232	00:01:04	00:45:53	153m	6'58"/km
21.	231	00:00:53	00:46:46	109m	8'06"/km
22.	230	00:13:25	01:00:11	316m	42'27"/km
23.	226	00:02:11	01:02:22	204m	10'42"/km
24.	225	00:01:18	01:03:40	137m	9'29"/km
25.	224	00:01:45	01:05:25	207m	8'27"/km
26.	223	00:01:10	01:06:35	136m	8'35"/km
27.	221	00:01:19	01:07:54	211m	6'14"/km
28.	222	00:01:20	01:09:14	172m	7'45"/km
29.	249	00:01:34	01:10:48	186m	8'25"/km
30.	120	00:00:38	01:11:26	117m	5'25"/km