



# Training

## Trimpfad St.Vith 6.11.2022

### O.L.G. St. Vith ARDOC

**Werner HOFFMANN**

O.L.G. St. Vith ARDOC

Strecke : D

Länge : 3800m

Zeit : 0:44:11 (11'38"/km)

2/7

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Jean BREDO 0:43:03  
3. Maria HENKES 0:45:20

1.	105	00:00:47		115m	6'49"/km
2.	104	00:02:41	00:03:28	244m	11'00"/km
3.	103	00:03:59	00:07:27	206m	19'20"/km
4.	118	00:02:48	00:10:15	262m	10'41"/km
5.	102	00:02:20	00:12:35	202m	11'33"/km
6.	76	00:02:27	00:15:02	167m	14'40"/km
7.	56	00:02:21	00:17:23	236m	9'57"/km
8.	99	00:00:01	00:17:24		
9.	56	00:00:01	00:17:25		
10.	71	00:05:05	00:22:30	336m	15'08"/km
11.	99	00:00:01	00:22:31		
12.	117	00:02:09	00:24:40		
13.	108	00:02:51	00:27:31	227m	12'33"/km
14.	110	00:03:23	00:30:54	288m	11'45"/km
15.	113	00:02:15	00:33:09	237m	9'30"/km
16.	109	00:02:00	00:35:09	123m	16'16"/km
17.	114	00:00:57	00:36:06	75m	12'40"/km
18.	115	00:01:17	00:37:23	128m	10'02"/km
19.	112	00:01:38	00:39:01	159m	10'16"/km
20.	107	00:02:01	00:41:02	203m	9'56"/km
21.	106	00:01:09	00:42:11	135m	8'31"/km
22.	119	00:01:40	00:43:51	190m	8'46"/km
23.	120	00:00:20	00:44:11	40m	8'20"/km

Orienteering Software