Training
Volmersberg 12.3.2022
O.L.G. St. Vith ARDOC

Nicole GOENEN - ARENS
O.L.G. St. Vith ARDOC
Strecke : 02
Länge : 2700m (Steigung 90m)
Zeit : 0:34:18 (12'42"/km)

2/4 O.K.

Vollständige Ergebnisse auf Webres

1. Simon BASTIN 0:34:00
3. Heribert HAACK 0:37:44

1.	56	00:03:00		309m	9'43"/km
2.	70	00:02:02	*00:05:02*	224m	9'05"/km
3.	99	00:00:01	*00:05:03*		
4.	70	00:00:14	*00:05:17*		
5.	99	00:00:01	*00:05:18*		
6.	102	00:02:31	*00:07:49*		
7.	57	00:01:56	*00:09:45*	156m	12'24"/km
8.	105	00:02:15	*00:12:00*	152m	14'48"/km
9.	51	00:02:47	*00:14:47*	220m	12'39"/km
10.	58	00:03:06	*00:17:53*	120m	25'50"/km
11.	54	00:02:04	*00:19:57*	191m	10'49"/km
12.	60	00:01:16	*00:21:13*	143m	8'51"/km
13.	99	00:00:01	*00:21:14*		
14.	53	00:01:06	*00:22:20*		
15.	118	00:02:34	*00:24:54*	173m	14'50"/km
16.	116	00:03:45	*00:28:39*	228m	16'27"/km
17.	62	00:01:48	*00:30:27*	148m	12'10"/km
18.	99	00:00:01	*00:30:28*		
19.	64	00:02:21	*00:32:49*		
20.	120	00:01:29	*00:34:18*	179m	8'17"/km

Orienteering Software

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