



Training Volmersberg

Volmersberg 9.5.2021

O.L.G. St. Vith ARDOC

Elia KOHNEN

O.L.G. St. Vith ARDOC

Strecke : H:Bahn D

Länge : 4400m (Steigung 90m)

Zeit : 0:53:35 (12'10"/km)

3/6

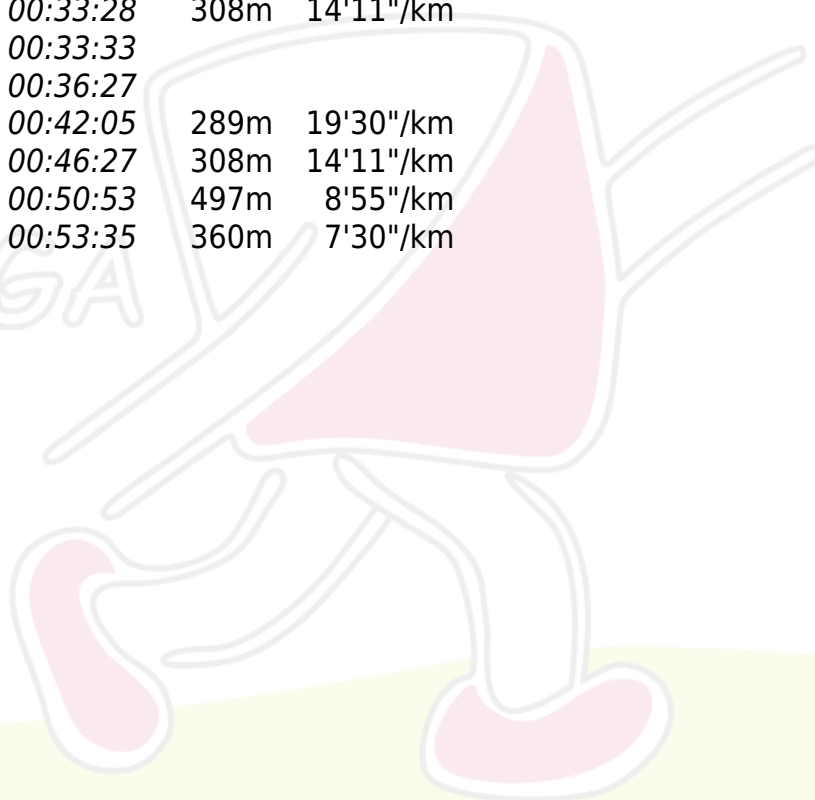
O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|------------------|---------|
| 1. Freddy HENKES | 0:46:52 |
| 2. Hubert BASTIN | 0:47:28 |

1.	110	00:02:30		278m	9'00"/km
2.	111	00:02:47	00:05:17	330m	8'26"/km
3.	112	00:02:20	00:07:37	227m	10'17"/km
4.	113	00:04:27	00:12:04	305m	14'35"/km
5.	114	00:06:27	00:18:31	668m	9'39"/km
6.	115	00:05:24	00:23:55	282m	19'09"/km
7.	116	00:05:11	00:29:06	279m	18'35"/km
8.	57	00:04:22	00:33:28	308m	14'11"/km
9.	99	00:00:05	00:33:33		
10.	119	00:02:54	00:36:27		
11.	117	00:05:38	00:42:05	289m	19'30"/km
12.	51	00:04:22	00:46:27	308m	14'11"/km
13.	58	00:04:26	00:50:53	497m	8'55"/km
14.	120	00:02:42	00:53:35	360m	7'30"/km

HELGA



Orienteering Software