



Training Volmersberg

Volmersberg 9.5.2021

O.L.G. St. Vith ARDOC

Hubert BASTIN

O.L.G. St. Vith ARDOC

Strecke : H:Bahn D

Länge : 4400m (Steigung 90m)

Zeit : 0:47:28 (10'47"/km)

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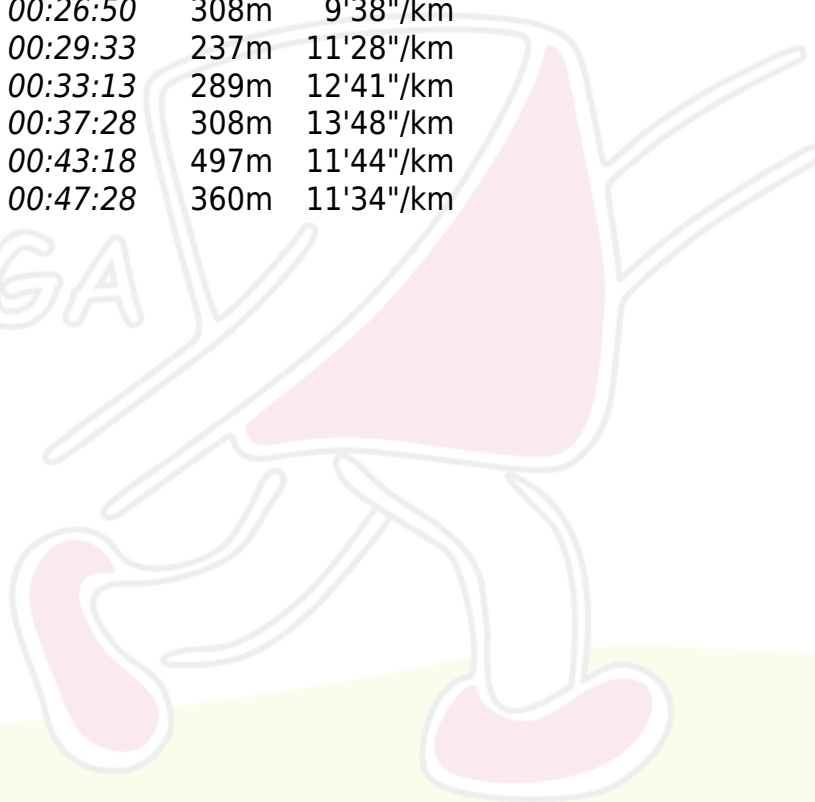
O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|------------------|---------|
| 1. Freddy HENKES | 0:46:52 |
| 3. Elia KOHNEN | 0:53:35 |

1.	110	00:02:02		278m	7'19"/km
2.	111	00:03:40	00:05:42	330m	11'07"/km
3.	112	00:02:46	00:08:28	227m	12'11"/km
4.	113	00:03:12	00:11:40	305m	10'30"/km
5.	114	00:05:15	00:16:55	668m	7'52"/km
6.	115	00:03:23	00:20:18	282m	12'00"/km
7.	116	00:03:34	00:23:52	279m	12'47"/km
8.	57	00:02:58	00:26:50	308m	9'38"/km
9.	119	00:02:43	00:29:33	237m	11'28"/km
10.	117	00:03:40	00:33:13	289m	12'41"/km
11.	51	00:04:15	00:37:28	308m	13'48"/km
12.	58	00:05:50	00:43:18	497m	11'44"/km
13.	120	00:04:10	00:47:28	360m	11'34"/km

HELGA



Orienteering Software