



Training Volmersberg

Volmersberg 9.5.2021

O.L.G. St. Vith ARDOC

Véronique BASTIN

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Strecke : D:Bahn A

Länge : 5900m (Steigung 140m)

Zeit : 0:56:17 (9'32"/km)

1/2

O.K.

[Vollständige Ergebnisse auf Webres](#)

1.	110	00:02:08		278m	7'40"/km
2.	111	00:03:06	00:05:14	330m	9'24"/km
3.	112	00:02:43	00:07:57	227m	11'58"/km
4.	113	00:02:55	00:10:52	305m	9'34"/km
5.	114	00:04:41	00:15:33	668m	7'01"/km
6.	115	00:03:06	00:18:39	282m	11'00"/km
7.	116	00:03:04	00:21:43	279m	10'59"/km
8.	107	00:03:56	00:25:39	258m	15'15"/km
9.	117	00:03:47	00:29:26	517m	7'19"/km
10.	118	00:01:25	00:30:51	190m	7'27"/km
11.	119	00:02:25	00:33:16	206m	11'44"/km
12.	57	00:02:24	00:35:40	237m	10'08"/km
13.	51	00:04:03	00:39:43	229m	17'41"/km
14.	99	00:00:04	00:39:47		
15.	58	00:04:06	00:43:53		
16.	53	00:03:23	00:47:16	330m	10'15"/km
17.	54	00:04:18	00:51:34	430m	10'00"/km
18.	56	00:02:54	00:54:28	389m	7'27"/km
19.	99	00:00:01	00:54:29		
20.	120	00:01:48	00:56:17		

Orienteering Software